



Season's Greetings!

**Partners for Pediatric Vision Wishes You
Happy Holidays**



Thanks to 8-year-old Zachary for creating our holiday card!

Dear Friends,

We are grateful to the families whose journey we share, our partners in the community and our supporters who make it possible to turn possibilities into achievements for children ages birth to 18 with visual impairment. Our Family Specialists provide free vision education resources and support to help children with sight loss access what they need to be successful and guidance for their families. Reach out if we can help your family or someone you know. We wish you a very happy holiday season and a joyous new year.

Your PPV Family,
Diane, Tori, Belinda, Rosanna, Mackenzie, Janice, Helen and Heather

Esperamos que estén disfrutando de la temporada navideña. Estamos agradecidos a las familias con quien hemos compartido sus experiencias, a nuestros colaboradores en la comunidad y a nuestros partidarios que hacen posible convertir las posibilidades en logros para los niños con impedimento visual. Nuestras Especialistas de Familias están disponibles para ayudarles con recursos y apoyo para ayudar a los niños/as con pérdida de visión a acceder a lo que necesitan para tener éxito. Comuníquese si podemos ayudar a su familia o a alguien que conoce.

Su familia PPV,

Diane, Tori, Belinda, Rosanna, Mackenzie, Janice, Helen y Heather

Holiday Craft: Gingerbread Ornament with White Cane



PPV's Family Specialist Heather and her son, Jett, walk through how to make gingerbread ornaments with white canes.

Gift Guide for Visually Impaired Children



The holiday season is here, and with it comes the joy (and sometimes challenge) of finding the perfect gifts for everyone on your list. If you're shopping for a child who is visually impaired or blind, you might be wondering where to start.

To help make your holiday shopping a little easier, Heather Dawson and Mackenzie Bello-Ponce, Family Specialists with Partners for Pediatric Vision, have compiled a **handy guide** to help you choose gifts that are not only fun but also tailored to a child's unique needs.

Send us Your Holiday Pictures!



PPV's Family Specialist Heather made a cutout Christmas village using a cardboard box for her son Jett



PPV's Family Specialist Mackenzie's son, Ethan, was all smiles during this holiday photoshoot

Send us your holiday pictures to be featured on our social media channels:



Meet the Artist



Zachary has a metabolic disorder that prevents his body from breaking down certain amino acids found in protein, impacting his growth, learning and vision. PPV has provided Zachary with a variety of low vision devices that support his learning and independence including this slant board and a desktop video magnifier. Thanks to Zachary, his "Snowman" watercolor painting is PPV's 2024 Holiday card design.

Partner Eye Doctor Highlight



Did you know that Kaiser Permanente has Optometrists that specialize in Low Vision? Dr. Linda Pang, O.D., sees children with low vision at the Kaiser location in Hesperia. Our Family Specialists take part in Dr. Pang's exams virtually or in person. Children like Aileen and Derek receive Dr. Pang's specialized care and PPV provides follow up vision education, support and devices for Aileen, Derek and their family.

Dr. Pang will be presenting our Family Specialist-Eye Doctor model at the International Conference on Low Vision Research & Rehabilitation in Italy next year. Donor support allows PPV to fill gaps in critical services for children in need with collaborations like these.

If your child receives vision care at Kaiser and you are interested in knowing how to connect with a Low Vision Optometrist, reach out to your Family Specialist or call us at: (323) 612-8185.

Interested in having one of our Family Specialists sit in on your child's eye exam? Partners for Pediatric Vision works alongside doctors at the following locations and by request at your child's eye doctor. Call your Family Specialist or (323) 612-8185 for help scheduling an exam.

University Eye Center at Ketchum Health

5460 E. La Palma Ave.
Anaheim, CA 92807
(714) 463-7500

University Eye Center at Los Angeles

3916 S. Broadway
Los Angeles, CA 90037
(323) 234-9137

Serve the People

1206 East 17th Street, Suite 101
Santa Ana, California 92701
(714) 352-2911

Raymond Renaissance Surgery Center

125 N Raymond Ave.
Unit 212
Pasadena, CA 91103
(626) 529-3937

Kaiser Optometrists by request

Parent Support Groups/Grupo de Apoyo para Padres

PARENT SUPPORT GROUP

When: 2nd Wednesday of every month,
4:00-5:00pm (Pacific time)

4th Tuesday of every month,
1:00 - 2:00pm (Pacific time)

Where: Zoom

Group Leaders: Janice Goldhaber, MFT,
and Diane Christian, Ph.D.

Register or more information:
Contact Diane at (323) 612-8185 or
dchristian@partnersforpediatricvision.org

GRUPO DE APOYO PARA PADRES

Cuándo: Segundo miércoles de cada mes,
6:30-7:30pm (tiempo del pacífico)

Dónde: Zoom

Líderes de grupo:
Yolanda Moreno, M.A, ECSE,
Rosanna Munoz,
y Mackenzie Bello-Ponce

Para registrarse o más información:
Contacte a Mackenzie at (714) 712-0745
mbello@partnersforpediatricvision.org

Are you interested in talking with other parents of children with vision loss in a confidential supportive setting?

Our parent support groups are available twice a month. Join fellow parents to hear about resources and strategies for yourself, your child, and your family and receive acknowledgment of your challenges and successes.

¿Está interesado en hablar con otros padres de niños con un impedimento visual en un entorno de apoyo confidencial? Nuestros grupos de apoyo para padres está disponible una vez al mes. Únase a otros padres para conocer los recursos y estrategias para usted, su hijo y su familia y reciba el reconocimiento de sus desafíos y éxitos.

Tips For Traveling With a Visually Impaired Child



- Plan for lots of snacks. Use little throw away bowls, cups and baggies to make it interesting.
- Fill big tupperware food containers with sensory activities. Fill them up with something like uncooked pasta and "hide" objects in them (zoo animals, shapes, letters, etc).
- Toys with suction cups or velcro can attach to windows.
- Map out fun places to stop along the way like parks, children's museums, etc on your route.
- Try a massaging mat (with a car adaptor) for your child to sit on – it's very soothing!
- Favorite shows, stories or songs on a phone or tablet are familiar and calming.
- Sing a lot!

Audio Description Makes "Moana 2" Visual for All



PPV hosts an Audio Described movie during the holidays for our children and families, thanks to the Krikorian Metroplex in Buena Park. This year, the featured movie was "Moana 2" (click [here](#) to read about the event). Through the headset, children can hear an extra narration track that describes the action and characters onscreen. Audio description is available at your local movie theatre. Just ask for a headset and "watch" the movie come alive. Families love the experience:

"A lot of times you feel like you are the only one and the world doesn't understand what you are going through. Connecting with other families allows us to realize we are not alone. Our children with visual impairment often don't like to use their devices or their cane in public because it singles them out. These events allow the children to walk with more confidence and build their community as well. Kids can make friends and parents share experiences. Events like this empower the children and the families. Thank you to PPV."

-Rick, Cynthia and Christina's father

Have you had a chance to join us for our family events?

We host Ukulele lessons, Western Museum of Flight tours, Build-A-Bear workshops, Audio Described movies, and other events!

We do our best to include every family who is interested in our activities, so please let us know if you would like to be on our invitation list.

Email us at events@partnersforpediatricvision.org or call us at (323) 612-8185.



Happy Holidays!

Belinda, Janice, Mackenzie, Rosanna, Tori, Diane, Heather, and Helen

Partners for Pediatric Vision is a non-profit. It was established in 2016 to provide vision education and support services for families of children with vision loss. Our services are funded by individual donations of all sizes and foundation grants. All donations go directly to pay for our Family Specialists who work on behalf of children and families.

DONATE

Follow us on social media for more





Try email marketing for free today!